Pollen and Mold Counting Resumes for the 2015 Allergy Season

SOUTHWEST OHIO - Pollen and mold counts will again be available on Tuesday, February 17. This is a public service provided by the Southwest Ohio Air Quality Agency each year during pollen and mold season, from February through the end of November.

Pollen and mold counts are reported after 10 a.m., Monday through Friday.

There are several ways that residents can access pollen and mold counts:

1. Visit SouthwestOhioAir.org
2. Follow Twitter.com/swohioair
3. Like Facebook.com/SouthwestOhioAir
4. Call the Pollen and Mold Hotline at (513) 946-7753.

“During May, we see a rise in pollen from hickory, pine, oak and walnut trees,” explains Monitoring and Analysis Supervisor Anna Kelley. “Ragweed is the primary pollen allergen in the fall, usually appearing in late August through most of September.”

Molds tend to be more active during the wet, rainy periods of spring and again in the fall as nature begins to decay before winter.

There are steps allergy-sufferers can take to ease their symptoms. One of the easiest tactics is to avoid being outdoors in the morning when pollen counts tend to spike. It may be helpful to take a shower at the end of the day to remove pollen and mold from one’s hair and skin. Additional suggestions can be found in the Agency’s free, downloadable brochure, Living With Allergies.

The Southwest Ohio Air Quality Agency works with government agencies, businesses, communities and citizens to achieve and maintain healthy air quality for Southwest Ohio. The Agency is a division of the Hamilton County Department of Environmental Services (HCDOES) which also encompasses the Hamilton County Recycling and Solid Waste District. For more information, visit the Southwest Ohio Air Quality Agency online at SouthwestOhioAir.org or interact with us on Facebook and Twitter.

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